



TERM TWO 2009

# THE HERON

ISSUE 7

Contact numbers for HeronBridge College  
**0861 HERONC (0861 437 662)**

In case of an **emergency only** the following cell numbers are available:

079 508 7436 (Admissions),

079 697 2565 (Accounts)

079 697 2566 (Prep School)

073 580 8265 (Pre-Prep School)

071 687 0419 (College)

## Message for the Week

Run from anything that gives you the evil thoughts; but stay close to anything that makes you want to do right.

2 Timothy 2:22

## BRR ... ITS COLD & THEY ARE NUTS!

On the last Wednesday before half term the HeronBridge High School braved one of the coldest mornings of the year to participate in their annual POLAR BEAR swim. This is one of the many fun events held, on a yearly basis, at the College. And not only do the pupils dive into the cold waters, many staff members also show they are up to the challenge!



Crazy boys↑, girls↓ and HeronBridge staff→



HeronBridge College Website:

[www.heronbridgecollege.co.za](http://www.heronbridgecollege.co.za).

Our website is full of information, including academic calendars, bus timetables, past newsletters and lots more.

**DATES TO DIARISE : WEEK COMMENCING MONDAY, 6 JULY**

Mon 6	14h00	Prep Cross Country @ Jan Celliers
Tues 7	14h00	Prep Soccer : U7&U8 vs Pecanwood @ Home
Wed 8	12h30	<b>Prep Soccer : Inter-house</b> <b>Prep Netball : Inter-House</b>
Fri 10	14h00	Prep Hockey : all teams vs Beaulieu Away
Sat 11	19h00	HeronBridge Stars in School Auditorium

**SUGGESTIONS EMAIL!**

We are pleased to let you know we have created a special email address that all HeronBridge College parents can access if you have any suggestions pertaining to our school. Just send your suggestion to :[suggestions@heronbridge.co.za](mailto:suggestions@heronbridge.co.za)  
We look forward to hearing from you.

**NEW SPORTS FIELDS**

Our new fields at the sports complex are progressing well and we will be planting the banks in the next few weeks. If you are thinning out your gardens please do not throw the plants away but drop them at school and we will gladly use them. This includes all ground covers, agapanthus, iris, day lilies, red hot pokers, aloes, roses and small shrubs. This project requires over 6 000 plants so any contributions will be most appreciated. You can drop off your plants at the schools reception offices. Thank you

**A MESSAGE FROM THE ADMISSIONS DEPARTMENT**

Please remember that if you are planning to leave HeronBridge at the end of 2009 you are required to give us a full term's notice in writing. This must be handed in to the college office or emailed to [helenc@heronbridge.co.za](mailto:helenc@heronbridge.co.za) no later than Monday 31<sup>st</sup> August 2009.

**COLLEGE EXAM SHUTTLE BUS SERVICE**

The College mid year exams start this week!

During this exam time period (Thursday 9<sup>th</sup> July to Thursday, 30<sup>th</sup> July) we will be offering an exam shuttle bus exclusively to our College pupils. Each day after the exams finish the exam shuttle bus will depart from HeronBridge College at 10h45 and 12h30 respectively. It will drive the following route:

- 10h45            12h30 :        departs from HeronBridge College;
- 10h55            12h40 :        stops at Broadacres Shopping Centre;
- 11h05            12h50 :        stops at entrance of Fourways Garden;
- 11h15            13h00:        stops at the Woolworths entrance at the Fourways Mall.

The cost for the exam shuttle bus will be R100 per pupil for the exam period.

If you are interested in making use of this bus please see Nicole Butler in the College Reception Office or email her on [nbutler@heronbridge.co.za](mailto:nbutler@heronbridge.co.za). You will also need to fill in an indemnity form and payment must be cash. Once Nicole has received payment and your signed indemnity form she will issue your child with an exam shuttle bus pass.



## REPORT ON GR9 LIFE ORIENTATION ELECTION PROCESS

The purpose of this task was to allow our Grade 9 students to experience and simulate the process of elections as most of their parents had experienced in April 2009. The task was just going to be a small class project but soon exploded into a Grade project. It was delightful to see the Grade 9 students jump at all opportunities and run with creative ideas. On presentation in class the speeches were delightful and creative. There was no holding back on the posters and their campaign strategies were original. It was interesting to see leadership develop and personal values come to the fore.

Some of the campaigning we experienced was cup cakes, fizzers, stickers, and the highlight culminating in a civics day for all Grade 9 students to raise funds for the “J.A.M” foundation. The entire Grade 9 group collected the sum total of R320 to donate to the foundation. Each party needed to pay a fee of R10 to have their name appear on the ballot paper. There were a total of 20 parties but only 12 parties paid by the due date. Once again the Grade 9’s had to face the consequence of not meeting deadlines as the real world will expect them to meet these at all costs. These funds were also donated to the J.A.M foundation. In total the sum of R500 was collected.

A negative of the task was that we did have some parties participating in unfair practices such as destroying other party’s posters and vandalism but after a stern threat of disqualification the practices ceased.

The voting process took place over a period of 2 breaks. Each voter was required to produce a copy of their birth certificate in order to vote. They were issued a voting ballot paper and had the black ink dot on the thumb as proof of them voting. Once their vote was cast they were to put it into the voting box and vacate the voting venue immediately.

Parties that participated in the mock election process were:-

RASH	SAI	ADD	HBCCA	KROW	SAD
DTA	H4U	PEP	VOTE	DUMBASS	THE PARTY



In summary, herewith the results of the Grade 9 mock election:

Total number of Parties that participated in campaigning:	25
Total number of Parties that participated in the election process:	12
Total number of students in the Grade 9 Grade:	84
Total number of Grade 9 students that participated in the election process:	29

Results of the Grade 9 mock election is as follows:-

Number of votes cast:	29
Number of spoiled votes:	2



**Winning Party is: “VOTE”**



### EISTEDDFOD 2009

The College is taking part in the National Eisteddfod this year. If you want to take part, come and chat to Miss Russell. Take a chance, get on stage and you could become the next superstar.

## PREP ROCK CLIMBING RESULTS

The HeronBridge Climbing Team participated in the final at Wonder Wall on Friday 19<sup>th</sup> June. This competition was used to select a Gauteng team to climb in the National's in October.

In the final school results HeronBridge came 4<sup>th</sup> out of the 7 schools which participated. In the individual results Eran Waldeck came 1<sup>st</sup> in the U13 girls section & Nicholas Black came 2<sup>nd</sup> in the U13 boys section. Our other climbers also achieved outstanding results.

The GSCL committee still needs to make the selection of climbers which have made it into the Gauteng Team. Well done to you all!

## PREP DRAMA

### HeronBridge Stars 2009

The following students have been selected as the Top 10 performers:

#### Instruments

Name	Grade
Thomas Willemse	2
Nicole Dewar	2
Conan Murgatroyd	3
Jarrod van der Westhuizen	3
Michael Kurzewski	3
Caroline Carey	4
Cameron Downing	4
Amber Murgatroyd	4
Cayla Stark	5
Ashlinn Mcfarlane	6

#### Dance

Name	Grade
Amber du Plessis	1
Jonty Temperley	2
Tasmin Esquivel	2
Erin Mclvor	3
Courtney Clarke	4
Stephanie Ford	4
Rudo Matlaweng	5
Kayleigh Nunan	6
Megan Kurzewski	6
Dylan Guerra	7

#### Vocal

Name	Grade
Michaela Carruthers	2
Keira McKenna	3
Lily Wan	3
Dayna McFarlane	4
Katie Groves	5
Sinead McKenna	5
Ashlinn McFarlane	6
Amy Rigby	6
Dominique de Commormond	6
Emma Courtney	7

#### Drama

Name	Grade
Daisy Dillon	1
Matthew Menton	1
Kayla Ritchie	4
Donnalee Avis	5
Kaylene Nel	5
Michael Seath	6
Amy Rigby	6
Ashlinn Mcfarlane	6
Sarah Forsyth	7
Dylan Guerra	7

#### Visual Arts

Name	Grade
Sarah Copeland	1
Alan Honeybun	1
Joshua Warren	3
Amber Murgatroyd	4
Blake Evans	4
Grant Fourie	5
Jack Singer	5
Paula Edwards	6
Sarah Forsyth	7
Simon McCauley	7

Well done to all participants. These top 10 performers will showcase their items at the Winners Gala Evening on the 11<sup>th</sup> July 2009, at 19h00.

Tickets are available from Mrs Bishop in the Prep Office. Book now to see these rising Superstars!

## PREP MAJOR PRODUCTION AUDITIONS

We are looking for actors, singers and dancers in Grades 4 – 7. Auditions are on Tuesday 7<sup>th</sup> July from 13h45 to 16h00 in the Auditorium.

## LOST!

Tayla Owen-Jones in Grade 4 is missing a shoe splint? It costs about R3000 and her mom is desperate to find it! If you have any details please contact Taryn Bishop in the Prep Offices.

WIN A ROUND OF GOLF FOR YOU AND 3 FRIENDS!!

FORWARD THIS NEWSLETTER TO ANY OF THE BELOW MENTIONED EMAIL ADDRESSES AND YOUR NAME WILL BE PLACED IN THE MONTHLY DRAW TO WIN THIS PRIZE VALUED AT OVER R1600.00!!

\*VOTED BEST NEW COURSE IN GAUTENG 2008 BY THE COMPLETE GOLFER\*

PROPERTY SALES DIANE NEETHLING	FROM R. 590 000 TO R. 1. 7 000 000 diane@grgolf.co.za
CORPORATE MEMBERSHIP SANDRA SARDINHA	FROM R. 33 000 TO R. 118 000 sandra@grgolf.co.za
GOLF DAYS & MEMBERSHIP DESIREE STONE	MEMBERSHIP FROM R. 7 700 des@grgolf.co.za

DevoAfrica Investec ERNIE ELS

WWW.GARDENERROSSGOLF.COM



We would like to invite you to join us every Sunday at 9H00. Our services are held in the HeronBridge College Auditorium and are open to all denominations. We offer Kidz Church for the young as well as a youth group for the teens. We look forward to hosting you and your family.

## PARENTING MATTERS BY NIKKI BUSH

### THEY MUST ASK PERMISSION

I am going to say something here that may be fairly controversial and may even elicit wails of horror from some parents, but I believe it needs to be said. From the time your child is tall enough to press the ON button on the TV set or has worked out how to use the remote control, you need to teach them to ask for permission before watching TV, right into the teenage years. If you don't, you are at risk of bringing up a child who believes that they can watch anything, anytime. If you give away your control of their TV consumption from an early age, you won't be able to regain it at a later stage.

There are many mind-blowing statistics that I could use to back up this argument, and I will share many of them with you over the coming months, however, for this article let's just look at the daily TV viewing statistics of South African children. According to the Youth Dynamix BratTrax® Research Survey 2007/8, 7- 15 year olds are watching 3.4 hours per weekday, rising to 5.8 hours on a Saturday and Sunday and rocketing to 7.8 hours per day in the school holidays. In 2006 the Kaiser Family Foundation pegged toddler viewing at 1.5 hours per day. Local research is indicating that this figure is now closer to 3 hours per day.

These children, sorry, couch potatoes, are definitely not playing enough. Whether they are in the care of their parents or a caregiver, these figures need to be reduced where possible for healthy child development to take place. Moderation is the key. Children need to play more in the concrete sense rather than the virtual sense – it's how they learn best. Bingeing on TV (and other on-screen media) can also affect your child's beliefs, values and culture as well as their attitude towards you.

Continued on the next page

## PARENTING MATTERS BY NIKKI BUSH CONTINUED

You need to be in control of how much TV they are watching as well as the content they are exposed to. Just a few bits of advice:

- Do not put a TV set in your child's bedroom, it is the quickest way to lose them.
- Record desirable TV programmes for viewing at times suitable to you as a family (as your children get older you can choose content together). Pre-recording also helps you to get around the invasive advertising between programmes that is aimed at getting your child to want more stuff, ultimately influencing what you buy.

From time-to-time, watch programmes together, so that you get a feel for the content and the underlying messaging. You might be surprised to know that kids TV programmes contain twice the number of violent acts as adult programmes and there is a lot of contradictory messaging. The famous Nickleodeon Channel puts out a brilliant message on one hand that says: "Everyday in every way we are part of everyone," while the underlying messaging in many of its programmes is that adults suck and kids rule.

Your children need you to teach them how to become discerning TV viewers from a young age so that they, in turn, become responsible consumers of media both in time and content. Teach them to ask for permission before they press that button!

## Monthly Masses of Messages .....

ALL ARE WELCOME TO ADVERTISE HERE! DEADLINE LAST TUESDAY OF EACH MONTH AT 12H00.

PLEASE CONTACT KATHY MITTENDORF AT THE COLLEGE OFFICE ON 0861 437 662 / 082 387 2242 OR FAX 011 388 1948 OR EMAIL : [marketing@heronbridge.co.za](mailto:marketing@heronbridge.co.za)

**ORLANDO USA – RCI TIMESHARE @ HOLIDAY INN ORANGE LAKE WEST VILLAGE 2 BED UNIT, FULL KITCHEN - SLEEPS MAX 8 – 6 PVT.** Located in Kissimmee, Florida, less than 3kms from Walt Disney World Resort etc. Resort offers - A movie theatre, 54 holes of championship golf and two 18-hole miniature golf courses. A private sandy beach on the 80-acre lake. Fitness centre. Kid-friendly amenities include 3 arcades, a family fun centre, indoor and outdoor playgrounds, and children's pools. 18 December – 25 December 2009 – R20,000. 7 Nights = less than R2,900 per night!! Peak Season! Contact 083 660 5643.

**PLETTENBERG BAY:** Fully equipped apartment at Goose Valley Golf Estate available throughout the year. Sleeps four. Situated overlooking the tenth fairway and with a view of the mountains. Tennis courts, squash court, swimming pool. Driving range, restaurant and easy access to the lagoon and beach for swimming, fishing and sailing. Contact Roz at 082 787 7024.

**ELECTRONIC REPAIRS:** We specialise in repairs – all notebooks / computers. Motherboards, LCD screens, battery cell, power supply, DVD, LCD plasma TV, Hi-fi. laser colour printer, fax, scanner, camera, UPS, cell phone (Nokia, Motorola, Samsung), with warranty and free quote. Call 082 594 8941 or mail [nbzcomputers@telkomsa.net](mailto:nbzcomputers@telkomsa.net).

**ALAN POWELL GARDENS ESTABLISHED 1991:** Garden Maintenance, Landscaping, Pruning and tree felling: Once off clean ups, irrigation systems and repairs. We operate in - Fourways and Broadacres. CONTACT US FOR A QUOTE. Tel: (012) 669 0326 OR 082 548 3283 (Alan or Mandy) or E-mail address: [apowell@mweb.co.za](mailto:apowell@mweb.co.za)

## Monthly Masses of Messages Continued.....

**CHARTWELL STABLES:** children's Riding School specialize in teaching children to ride on safe ponies with qualified instructors. Pony camps, fun days and training shows held regularly. Ladies rides in the mornings. Our motto is "Have fun while you learn". Tel Shirley 083 500 0103 / Stables 073 952 8572.

**LOOKING FOR ANY JOB:** Skhumbuzo has just completed his matric and is looking for a job. Contact him on these 0745493849 or contact Happiness @ the Pre-Prep 0736685611.

**BEVERLY HILLS HOTEL - UMHLANGA -KWAZULU NATAL.** Enjoy the warm climate, at this icon hotel overlooking the Indian Ocean. A special offer of R1150 per person sharing dinner, bed and breakfast is offered to HeronBridge. Valid until the end of August 09. Call 031 561 2211 or email [liliann@beverlyhillshotel.co.za](mailto:liliann@beverlyhillshotel.co.za) and quote 'HeronBridge Offer' see: [www.beverlyhillshotel.co.za](http://www.beverlyhillshotel.co.za)

**ZILZ EVENTS & PARTIES CC:** Are you planning a Function or Event and have no idea where to start or what to do? Give us a call and we shall alleviate your stress with our expert advice and professional help. From Birthday Parties to Company Functions. [www.zilzevents.co.za](http://www.zilzevents.co.za), [info@zilzevents.co.za](mailto:info@zilzevents.co.za), Reinhard on 082-492-8215

**TOURISM CAREER WORKSHOPS:** Earn R 3 000+ in your school holidays! Invest in an awesome career!  
**Certificate Course:** Ass. Event Manager, Sales Exec, Reservations Ass, Banqueting Ass, and 4 \* Waiter/ress. **ONLY R 995.** 1 week training starts in school holidays. Age 16 years +. Contact Kim. Cell: 074 497 8633 E-mail: [tcw@live.co.za](mailto:tcw@live.co.za)

**TIMESHARE FOR SALE:** 2 FlexiWeeks (Red - ideal for private school holidays) at Mtunzini Forest Lodge. Situated on the unspoilt Natal Dolphin Coastline in the Mtunzini Nature reserve. R15000 per week for 2 double bed bedrooms plus loft room with 2 single beds (6 sleeper). Levies for 2009 already paid (average of R2300 per week per annum). Visit <http://www.wheretostay.co.za/mtunziniforestlodge/> to view the Lodge facilities. Contact Hilary Crowther on 071 607 5416

**ANDRADE-CILLIERS ATTORNEYS:** Are you buying, selling or leasing property? Facing contractual "Greek"? I provide legal advice in contractual matters, and conveyancing services of excellence. Teresa: 082 822 8677 or (011) 467 1069 or [Teresa@legalsolve.co.za](mailto:Teresa@legalsolve.co.za)

**ACCOUNTING, BOOKKEEPING,** tax, Annual Financial Statements, CC registrations and much more, done by CA with 15 years experience at affordable rates. Contact Christine on 082 562 5927.

**DAMP KING:** Damp proofing, waterproofing & painting to domestic and commercial properties. Registered with Master Builder Association, Waterproofing Federation and Dampproofing Association. Call Anthony for a quote on 011 792 6575, 083 232 6695 or email [anthony@dampking.co.za](mailto:anthony@dampking.co.za).

**TENNIS LESSONS:** I am doing group lessons in the holidays on a Wednesday afternoon for a hour the price is R65 per lesson if anyone is keen please contact me on 0833979555. The lesson will be held at HeronBridge College.

**HOLIDAY FLAT NORTH COAST:** 3 bedroomed penthouse flat (sleeps 7). Westbrook Beach (between Umdloti and Baliito), R1500/night. website [www.sunrisebeach.co.za](http://www.sunrisebeach.co.za), email [kmorton@klmcs.co.za](mailto:kmorton@klmcs.co.za).

**FOR ALL YOUR CURTAINING OR BLINDS REQUIREMENTS:** Free quotations in the convenience of your home. We do professional curtains, including pelmets, swags & tails etc. We also do all forms of blinds (Roman blinds, Venetian aluminium or wood, Woven bamboo or wood, vertical blinds etc.). Co-ordinated bedding and quilted covers also available. Please call X-clusive Curtains : Lettie 082 709 6372 or (011) 674-4649.

**ARE YOUR ACCOUNTS AND SARS RETURNS IN A MESS?** Do you need accounting software? Call the Accounting Boffin on 082 478 2705 or email [winsburg123@gmail.com](mailto:winsburg123@gmail.com)

## Monthly Masses of Messages Continued.....

**GOT A KIDS BIRTHDAY PARTY**, need some help ? contact Cheeky Chickens . We are a one stop kids party management Company. Contact us on [www.cheekychickens.co.za](http://www.cheekychickens.co.za) or Kirstin 079-8844-724 or Reinhard 082-492-8215.

**ARE YOU BUYING OR SELLING PROPERTY:** Are you buying or selling property? Are you looking for a Conveyancer of excellence to provide you with the personal service you deserve? If so, call Teresa on 082 822 8677 or (011) 467 1069 or [Teresa@legalsolve.co.za](mailto:Teresa@legalsolve.co.za) .

Learn to ride **HORSES THE AFFORDABLE WAY.....**either for enjoyment or for serious competitive riding. You do NOT need your OWN horse. We teach all ages from beginners to advanced levels. We also have **holiday camps, team building, organising and running of inter school teams and children's party facilities.** Qualified instructors. **Professional collection and drop off service!** Call Tamar 082 905 7465.

**LADIES, SPOIL YOURSELF:** with Avroy Shlain cosmetics! Look out for specials on [www.spoilyourself.comli.com](http://www.spoilyourself.comli.com). You can email Nikita on [nikita.spoilyourself@gmail.com](mailto:nikita.spoilyourself@gmail.com) or call 072 265 8686. It's all about you

**TOWN AND COUNTRY PLUMBING:** Professionals in maintenance and construction, servicing Johannesburg for close on 2 decades. IOPSA registered. All your plumbing requirements met in a quick and efficient manner. Now also specialising in solar geysers. Barry Eggett 083 626 6210 or Dave Heeley 083 635 2379 or mail [tcplumb@global.co.za](mailto:tcplumb@global.co.za).

**PERSONAL TRAINER:** one on one sessions, partner sessions and group training. For Weight & Muscle gain, Weight loss, I offer full programme management and nutritional advice. Fully mobile, I come to you. Call for more information and cost. Gavin - 079 695 7400.

**HERBALIFE...Good Health is what its all about!!!!** Gain Control of your Weight, Feel Younger, Less Fatigued, Live Life to your full potential!!!! From Inner & Outer Nutrition, to Weight-management, Energy, Sports & Fitness!!! Contact Samantha 084 884 7774 ([samweir@eject.co.za](mailto:samweir@eject.co.za)).

**THE PARTY PLACE:** new home of The Party Crew. Its the perfect venue for Kids Parties, Baby Showers, private functions, corporate functions, craft parties, morning meetings etc. Large lawns, covered area, on-site catering team, jumping castle, trampoline, bike track, sandpit, jungle gyms, secure parking. Based in Sunninghill. Call now to book. Bronwen - 083 923 0644.

**LOOKING FOR WORK.** I have just recently moved to the area and having had a career break for the past three years bringing up our kids, who are now both at crèche and HeronBridge, I am looking to get back into 'the adult world' of work. Ideally I am hoping for a Monday - Friday mornings only position while my kids are at school. I am British and have lived in South Africa for 6 years now. I am honest, hard working and a quick learner who will consider any position that may be available. My CV is available for your perusal or if you think you may have something to offer me, please email me (David) on [davidjohn@vodamail.co.za](mailto:davidjohn@vodamail.co.za) or call me on 082 776 2646.

**SKIN CARE FOR YOUR KIDS:** Kids from the age of about 10yrs should be practicing a skin care routine at least once a day. Help them get into this habit, with the help of simple and effective products. Please contact me for a FREE skin analysis and product advise. Treatments available: Specialised facials, aromatherapy, reflexology, pedis, waxing etc. Contact Jacqui (011) 467 7888 or 0827334379.

**FLEETWOOD ADVENTURE PLAYGROUNDS:** Are you tired of seeing your children in front of the TV or the computer? Why not install one of our units in your garden? Our units are built with treated timber, which conforms to SABS standards. We can design according to space and your budget. Call us now for a free quote. 011 704-3254 or 011 659-0363 - [www.fleetwoodadventure.co.za](http://www.fleetwoodadventure.co.za). Check client's comment/compliment on [www.hellopeter.com](http://www.hellopeter.com)

## Monthly Masses of Messages Continued.....

**BLUSH CREATIONS:** Handmade invitations with a personal touch! I do any and every type of handmade invitations, from boxes and puzzles to handmade papers and ribbons, all made exactly to your requirements! Contact: Timshell Lipawsky, Email: [blushcreations@gmail.com](mailto:blushcreations@gmail.com) or 072 574 1429.

**EVER CONSIDERED A CAREER IN REAL ESTATE?** Why not join the worlds largest real estate group, with more than 8 400 Offices and more than 140 000 Sales Associates worldwide. We have all the training and knowledge to make you a success. Based in the Broadacres Shopping Centre, we are looking for enthusiastic people to become agents in our areas. Please contact us in confidence on 011 465 2438 / 0679 or email your CV to [recruitment@century21modhomes.co.za](mailto:recruitment@century21modhomes.co.za). Find out more at [www.century21modhomes.co.za](http://www.century21modhomes.co.za).

**CHARTWELL STABLES** specialize in teaching children to ride on safe ponies with qualified instructors. Each child starts off with private lessons on the lunge and then progresses to an hour group lesson. Pony camps, fun days and training shows held regularly. Tel Shirley on 083 500 0103 ; stables 073 952 8572.

**JOBS REQUIRED:** Two excellent domestics looking for work on Wednesday's and Friday's. Good with children and pets. Have been with me for 14 and 13 years respectively. I have moved, so no longer have work for them. Please contact Jenny on 0843706424.

**URBAN ESCAPE SKIN & BODY CLINIC.** We provide the perfect escape for result driven skin & body treatments. We stock DERMALOGICA & REGIMA. Every Mon – Thurs we offer a Classic Dermalogica Facial, Back & neck massage, Pedicure for ONLY R500. Book now! 011 7045000. Located on cnr of Bellaires & Blandford roads, Northriding Square Checkers Centre.

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