



TERM TWO 2009

THE HERON

ISSUE 9

Contact numbers for HeronBridge College
0861 HERONC (0861 437 662) and
Main reception 082 771 4470

Message for the Week

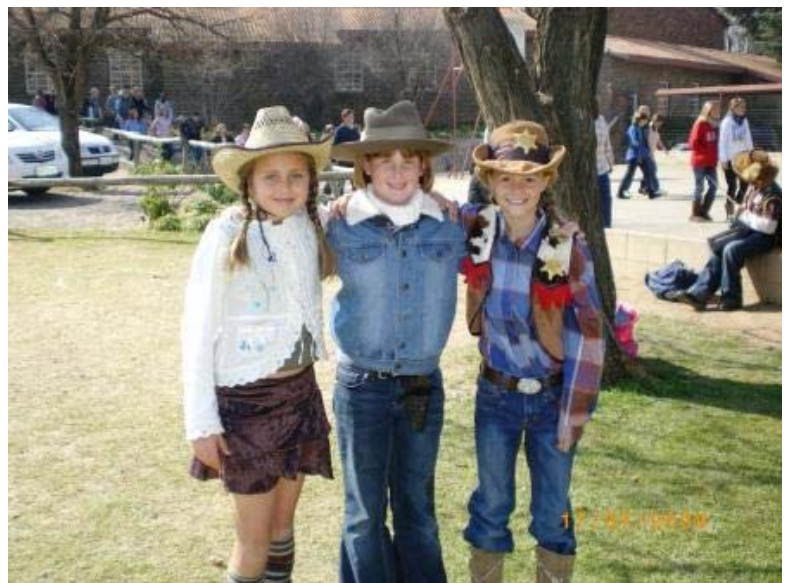
"How good and pleasant it is when brothers live together in unity."

Psalm 133:1

PREP CIVVIES DAY IN SUPPORT OF SARDA



On Friday, the Prep School hosted a civvies day with the theme "Cowboys and Cowgirls". This fun day was held to raise money for SARDA : the South African Riding for the Disabled Association. A cake and candy sale was also hosted to raise further funds. SARDA teaches the physically disabled and intellectually challenged to perform exercises that would not be possible from a wheelchair. Many children have benefited from the hard work and dedication of all at SARDA. Thank you also to all the Prep Class Moms and helpers who assisted in the packing and organisation of the cake and candy. All these ladies were amazing! Thank you for your hard work, support & enthusiasm. The success of this event was largely due to your help & support



HeronBridge College Website:
www.heronbridgecollege.co.za.

Our website is full of information, including academic calendars, bus timetables, past newsletters and lots more.

Prep pupils in "clothing action" in their Cowboy and Cowgirl Civvies Day.

DATES TO DIARISE : WEEK COMMENCING MONDAY, 20 JULY

Mon 20	14h00	Prep Cross Country @ Summit College
Thurs 23	08h00	Grade Three outing to Delta Park
Fri 24	09h00	Grade 1 & 2 Inter-House Athletics
	14h00	Grade 3 - 7 Inter-House Athletics (Field Events)
		Prep Hockey: @ St Martins
Sat 25	09h00	Grade 3 - 7 Inter-House Athletics (Track Events)

SUGGESTIONS EMAIL!

We are pleased to let you know we have created a special email address that all HeronBridge College parents can access if you have any suggestions pertaining to our school. Just send your suggestion to :suggestions@heronbridge.co.za We look forward to hearing from you.

A MESSAGE FROM THE ADMISSIONS DEPARTMENT

Please remember that if you are planning to leave HeronBridge at the end of 2009 you are required to give us a full term's notice in writing. This must be handed in to the college office or emailed to helenc@heronbridge.co.za no later than Monday 31st August 2009.

BUS INFO

Please remember to hand in your notice if your child will no longer be making use of the HeronBridge Bus Service in the 3rd term. Notice letters can be emailed to Nicole Butler on: nbutler@heronbridge.co.za

AFTER CARE ON THE LAST DAY OF TERM

There will be no full day After Care on the last day of term : Friday 31 July. Children will, however, be supervised until lunch time, if need be. If you would like your child to be supervised from closing until 1:30pm, please contact Kirsty James in the Pre-Prep, to book your child in. Lunch will not be provided

FROM THE UNIFORM SHOP**SPECIALS UNTIL BREAK UP DAY!**

- Board Shorts –20% Discount – Phasing out special! - Limited size range
- Athletic Shirts – Buy early and save. Your child will need these at the start of next term!
- Prep Long Sleeve Shirts - 10% Discount
- ****New**** - HeronBridge Back Pack School Bags – 10% Discount
- College Formal Long Sleeve Shirts – 5% Discount
- Bike Shirts – 10% Discount
- Prep Girls Winter Pants – 10% Discount – Sizes 28 to Size 33
- Prep Boys Winter Pants – 10% discount
- College Girls Winter Pants – 10% Discount – All Sizes Available
- Winter Fleece inners (for tracksuit tops) – 10% Discount



TALKING PARENTING : SEPTEMBER 2009!

DATES: WEDNESDAYS 9th & 16th SEPTEMBER 2009
VENUE: HERONBRIDGE AUDITORIUM
TIME: REGISTRATION @ 18H30
PRESENTATION STARTS @ 19H00-20H30
DESSERTS WITH TEA/COFFEE WILL BE SERVED

COST: PACKAGE PRICE FOR BOTH SESSIONS

R70/HEAD FOR BOTH SESSIONS (We encourage you to attend BOTH sessions, as cost is set as such, whether you can attend all the sessions or sadly miss out on one!)

BOOKING: PLEASE FILL IN REPLY/REGISTRATION SLIP BY THE 4th SEPTEMBER. SPACE IS LIMITED!



TAKE A LOOK AT OUR LINE-UP OF AWESOME SPEAKERS:

Following your requests, we have selected Ingrid Rubin & Jaco Meiring of Virtuosa Pty who will address the very interesting topic of Careers in E-Commerce, New World Media and How the Internet will influence our children's future! Fascinating stuff! Following these workshops, the Grade 8-11 students will attend similar workshops during school hours, also presented by Ingrid & Jaco.

SESSION ONE: WEDNESDAY, 9th SEPTEMBER

- How big is the internet and mobile (international and local)?
- Purpose of the internet.
- Why it is growing so quickly and some of the different platforms.
- Why, whether **you** work within the industry or not, you need to embrace it.

SESSION TWO: WEDNESDAY, 16th SEPTEMBER

- Case studies and examples of how companies are utilizing the internet to recruit & advertise for staff.
- What the future of employment will look like.
- Showcase some current digital careers, type of salaries earned, what these specialists do
- How **you** can pursue a career in this field.

THE PRESENTERS:

Ingrid Rubin : Chief Strategist and GM



Ingrid is one of those lucky people who just 'gets' the ever-evolving digital world. She has a solid understanding of the online industry, from both a client (South African Airways and Southern Sun) and agency point of view. Ask her which one she prefers and she simply smiles...

With a Commercial Business degree and an MBA, Ingrid implements effective online strategies that deliver on clients' business objectives. Professional passions include digital strategy, online reputation management and PR which supports social media influence. She's also the driving force behind the development of an online brand monitoring and reputation management tool.

Her free time is spent reading, social networking, raising two gorgeous children and speaking at Digital conferences. Now and then, she'll stop to give the rest of the world time to catch up.

More on the next page

CONTINUED - TALKING PARENTING : SEPTEMBER 2009!

Jaco Meiring



Jaco Meiring heads up online marketing and internal digital communication for Investec. He has been dabbling in Internet related stuff for approximately 13 years and views digital channels such as the Internet and mobile as critical channels in the marketing mix, which are greatly misunderstood and hugely oversold. From time-to-time, he also feeds two cats.



TALKING PARENTING REPLY & REGISTRATION SLIP



Dates: 9th & 16th SEPTEMBER 2009
Time: Reg @ 18h30. Presentation starts @ 19h00-20h30.

(BOOKINGS CLOSE 4th SEPTEMBER)

Email booking slip to: lslooten@heronbridge.co.za. Or drop form off @: Marketing Office or PA's of Pre-Prep; Prep & College. You can also register @ www.heronbridgecollege.co.za

NAME OF PARENTS ATTENDING:

MOM: _____ CONTACT NO: _____

DAD: _____ CONTACT NO: _____

CHILD/REN NAMES & GRADES:

PACKAGE PRICE FOR BOTH SESSIONS

COST: R70/HEAD FOR BOTH SESSIONS

TOTAL AMOUNT TO BE DEBITED FROM SCHOOL ACCOUNT (Please don't send cash to school)

NO OF ADULTS: _____

TOTAL AMOUNT: _____

Attending: yes no

9 Sept. Ingrid Rubin & Jaco Meiring

16 Sept. Ingrid Rubin & Jaco Meiring

S.P.C.A. DONATION BY GRADE 8 PUPILS

Mrs Talbot writes:

A big, big 'thank you' goes to the Grade 8 students at HeronBridge College from Mr Hall and Mrs Talbot!

Our wonderful students responded with aplomb when called upon to assist with our drive to help Sandton S.P.C.A. in their plight to feed and keep warm, all their furry charges. In fact, two trips had to be made in order that all the goods and food be taken there. We also extend our heartfelt gratitude to all parents who were nagged, who drove kilometres to find pet blankets, and who outlayed time and money in order that a difference could be made in the lives of our animal orphans.

Letter from the SPCA

To all in Grade 8 @ HeronBridge

Even where you are we are sure you can hear the noise coming from the kennels but it is just a huge round of APPAWS & THANKS from the animals for the very generous donation of food & blankets so kindly delivered.

We are so grateful for the support & it is only through the generosity shown that we can continue to serve the animals entrusted to our care.

With kind regards

Charlotte Levin

Manager, Staff & all the Animals



COLLEGE EQUESTRIAN

The College Equestrian Team participated in the Fourth Inter-Schools Qualifier on the 28th June 2009. Special mention must go to Monique Rose who achieved a 4th position in Performance Riding – Level 1, Fagan Abraham who achieved a 4th position in Equitation - Level 3, Roxanne Spaan who achieved a 3rd position in Show Jumping – Level 1, Jonathan Pepper who achieved a 4th position in Show Jumping – Level 3, Candice De Jager who achieved a 2nd and 4th position in Show Jumping – Level 4, Hayley De Jager who achieved a 4th position in Show Jumping – Level 4, Sebastian Gidlow who achieved a 2nd position in Show Jumping – Level 4 and to Chesney Asken who achieved a 2nd and 3rd position in Show Jumping – Level 6.

'A' and 'B' teams have been selected to represent the Gauteng West Region at the Regional Final this month. Each team includes the 4 top riders in the West Region. The following riders must be congratulated on being selected:

A Team

Monique Rose – Dressage & Performance Riding

Fagan Abraham – Dressage

Sebastian Gidlow – Show Jumping

Chesney Asken – Equitation

Sintiche Rosser – Equitation

Roxanne Spaan – Show Jumping

Candice De Jager – Show Jumping

Hayley De Jager – Show Jumping

B Team

Monique Rose – Dressage

Fagan Abraham – Equitation

Sebastian Gidlow – Show Jumping

Hayley De Jager – Show Jumping

Jonathan Pepper – Show Jumping

Candice De Jager – Show Jumping

Jordan Marais – Show Jumping

Elaine Botha – Show Jumping

PREP EQUESTRIAN

We would just like to congratulate the following children on making it into the Gauteng West Equestrian teams.

A team

- Hannah Rugani-Ross
- Caleigh Triggol
- Daisy Gidlow
- Savannah Valjalo
- Riley Marais
- Abigail Pepper

B team

- Kellie Anne Uphof
- Savannah Boltman
- Saskia ten Siethoff
- Bryan Uphof



Well done on an awesome achievement!

PREP RAFFEL

Two snack hampers to be won!

Bring R5 to Mrs. Bishop in the Prep Office to get a ticket.

Draws will take place at assembly on the 31st July, so please make sure your tickets are purchased by Wednesday the 29th July.

All proceeds to go to SARDA.

Thank you to National Brands for donating these.



We would like to invite you to join us every Sunday at 9H00. Our services are held in the HeronBridge College Auditorium and are open to all denominations. We offer Kidz Church for the young as well as a youth group for the teens. We look forward to hosting you and your family.

Understand Your Child

- Is your child between the ages of 3-18?
- Are you able to identify your child's strengths and weaknesses?
- Do you understand your child's behaviour?
- What is their reaction to problems or stressful situations?
- Does your child sleep well?
- Does your child put a lot of pressure on him/herself?
- Is your child very sensitive to noise and body language?
- How does your child deal with conflict?
- Identify possible learning problems.
- Does your child seem overly active at times?

A brain profile will help you as a parent to understand your child. It gives you the tools you need to understand your child better so that you are able to guide them in their strengths and weaknesses.

To answer the above questions and many more contact me for an assessment.

Salome` Higgins
083 307 9244

*Adult and corporate assessments can also be done.

FOUND

A pair of children's spectacles have been found and are in the Prep Office.

WIN A ROUND OF GOLF FOR YOU AND 3 FRIENDS!!

FORWARD THIS NEWSLETTER TO ANY OF THE BELOW MENTIONED EMAIL ADDRESSES AND YOUR NAME WILL BE PLACED IN THE MONTHLY DRAW TO WIN THIS PRIZE VALUED AT OVER R1600.00!!

PROPERTY SALES DIANE NEETHLING diane@grgolf.co.za	FROM R. 590 000 TO R. 1. 7 000 000
CORPORATE MEMBERSHIP SANDRA SARDINHA sandra@grgolf.co.za	FROM R. 33 000 TO R. 118 000
GOLF DAYS & MEMBERSHIP DESIREE STONE des@grgolf.co.za	MEMBERSHIP FROM R. 7 700

WWW.GARDENERROSSGOLF.COM

PARENTING MATTERS BY NIKKI BUSH

SO HOW WAS SCHOOL TODAY?

“So how was school today?” “Fine.”

“What did you do today?” “Nothing.”

“Who did you play with today?” “No-one.”

How often do you find yourself asking your children these conversation opening questions only to find their mono-syllabic, unexpressive responses grind the conversation to a halt before it even begins? Listening to visiting Australian educationalist, Prof Loretta Giorcelli on this subject recently, it would appear that we need to change our strategy if we want to really open the doors to communication with our children.

We must stop asking about school directly, rather starting our conversations by focusing on our children’s interests and not on our expectations of them. You see, the minute we ask about school, inside their heads a conversation similar to this is going on: “Groan.....what she’s really asking is: Did you pass your history test? Did you hand in your maths assignment? Did you make peace with your English teacher?” This presses our children’s off buttons, shutting them down.

Instead, we should ask questions relating to their friends, and their extra-curricular interests. In her anecdotal studies, Prof Giorcelli says that amazingly, when communicating with our children in this way, the children then initiate the conversation about school themselves – in their own time. “Hey, here’s what happened at school today mum.....”, which is a far cry from their more common single word responses to our probing.

This tactic is a great way of affirming the **“who you are”** in your children rather than continually focusing on their performance – **the “what you do”**. It will also build your relationship around a listening culture which will be perceived by your child as “Mum/Dad really wants to know about me.” This is important if you want to create a relationship of trust with your child. You will get to know your child better – who they are, what they stand for, the nature of their friendships and relationships, their interests and abilities, strengths and weaknesses. And all of this information without making them feel like an insect on the slab in the lab.

And, lastly, it is a more accurate reflection of the future world of work in which **who you are** and how and why you sell the products and services you do, will be more important than **what you do**.