



TERM THREE 2009

ISSUE 1

Contact numbers for HeronBridge College
0861 HERONC (0861 437 662) and
Main reception 082 771 4470

Message for the Week

Be strong and courageous, because you will lead these people to inherit the land I swore to their forefathers to give them.

Joshua 1:6

WELCOME BACK

A big SPRING Hello to all our parents and pupils. We trust that you all had an enjoyable and relaxing holiday. A specially warm welcome to all new pupils, parents and teachers starting at HeronBridge this term. We wish you all a long and happy association with us.



The Matric final exams will be written this term. I'm sure you will all join us in wishing our Grade 12's all the best for their up-coming exams. This is a huge happening in their lives.

Our Grade 6's also write their first sets of exams ever. This, too, is quite an significant moment in their young lives.

The third term at HeronBridge College is a jam-packed one! Look out for the Grade 4 - 7 annual school tours, Prep Major Production, outing to Aardklop, College Inter-House Athletics, announcement of the 2009 councillors, Literacy Day, Orientation Day, Grade R Graduation, PTA Golf Day, College Parents Evening, Talking Parenting. Christmas @ HeronBridge, Prizing Giving, Best Speaker Competitions, cricket matches, swimming galas - to name but a few of some of the highlights.

Enjoy a busy and productive Term 3!
See page three for Term at a Glance

HeronBridge College Website:
www.heronbridgecollege.co.za.

Our website is full of information, including academic calendars, bus timetables, past newsletters and lots more.

Suggestions email!

If you have any suggestions pertaining to our school please send your idea to :
suggestions@heronbridge.co.za



HERONBRIDGE COLLEGE
GOLF DAY - 2009

DATE: Friday 30 October

VENUE: Gardner Ross Golf Course

START: 11h00

COST: R2600 (per 4 ball)
Entry fee only up R100 from last year!

Spouses are welcome to join us for dinner @R200 per person

BOOKING: Tish on 083 456 7534 / email: tdowling@mweb.co.za
Caron on 0824458458 / email: ccloete@grcc.co.za

DATES TO DIARISE : WEEK COMMENCING MONDAY, 31 AUGUST

Thurs, 3	08h30	College Inter-house Athletics
Fri, 4	07h45	Grade 8 outing to the Wonder Caves
Sat, 5	08h30	College Netball @ Redhill
		Prep Athletics @ Redhill

A MESSAGE FROM THE ADMISSIONS DEPARTMENT

Please remember that if you are planning to leave HeronBridge at the end of 2009 you are required to give us a full term's notice in writing. This must be handed in to the college office or emailed to helenc@heronbridge.co.za no later than **TODAY**, Monday 31st August 2009.

SCHOOL YEARBOOK

We are busy at work producing our next School Yearbook. This keepsake will capture many moments of the year enjoyed at HeronBridge in full colour gloss. We trust that it will become a treasure for every pupil here. The date of issue is planned for the last school day of this year. Matric pupils will receive their copy by post or collection.

Whilst some advertising revenue has been raised towards this venture, there remains some cost to recipient. This cost equates to R130.00 per HeronBridge family. The amount will be debited to your school account.

We are absolutely positive that you will love the edition, but should you wish to decline the purchase, please advise Val McInnes in the Accounts Department

(accounts@heronbridge.co.za) or email marketing@heronbridge.co.za accordingly by no later than Friday, 2nd October 2009. Should you wish for more than one copy per family, please advise us likewise.

Should you wish to placed an advertisement in the Yearbook please email marketing@heronbridge.co.za Limited spaces!

TEAM PHOTOS

Co-curricular team photos will be taken on Thursday 10th September (College) & Tuesday 15th & Thursday 17th September (Prep). Pre-Prep photos on 16/09. All pupils **must** come dressed in the correct gear - Pupils will be given uniform details by their Class Teachers / Grade Tutors. Please note that should a child not have their correct sports gear on the day they will not be allowed to feature in their team photograph. Monday, 5th October has been set aside for Prep Prestige teams (swimming/athletics) and any absentees!

SCHOOL YEARBOOK 2009 ADVERTISING RATES

50 % & more reduction from 2008!

All advertisements in full colour:

Full Page	R 3000.00
½ Page	R 1500.00
¼ Page	R 750.00

Material: email to: marketing@heronbridge.co.za

Digital format : PDF or freehand format

Images : JPEG or tiff file

Material/payment Deadline: 25 September 2009

Payment Details:

Bank: First National Bank .
Branch: Fourways Branch Code: 251 655
Acc No: 6202 8152 958
Ref: Yearbook advert 09
Proof of payment email: accounts@heronbridge.co.za

THIRD TERM AT A GLANCE**September:**

- 3: College Inter-House Athletics
- 7-11: Grade 4-7 Prep Tours
- 8: College Parent Eve
- 9: Talking Parenting. GR 7-12 students invited
- 10: College Co-Curricular photos
- 15: Prep Co-Curricular photos
- 16: Pre-Prep photo's
Talking Parenting Session Two
- 17: Prep Co-Curricular photos
- 22: Prep Literacy Day
- 23: Councillors for 2010 announced
- 24: Public Holiday (Heritage Day)
- 25: School Holiday

October:

- 7: Prep Prestige Athletics
- 8: College Inter-School Athletics
- 9: Gr 7 Market Day
- 10: Gr 0-2 Cycle Challenge
- 15: MIDTERM BREAK (returning to school on 20)
- 27: Prep Best Speaker Comp
- 22: Gr 12 Valediction
- 29-31: Prep Major Production
- 30: PTA Golf Day

November:

- 5: Gr R Parent Orientation
- 9: College Exams start
- 12: Gratitude Breakfast
Gr R Graduation
- 16: Prep Exams start
- 27: Gr R-2 Gala
Gr 7 End of Year Outing
- 30: Gr 7 Valediction

December:

- 1: Gr 1-3 Prize Giving
- 2: Gr 4-7 Prize Giving
- 3: Prep closes
- 4: College Gr 8-11 Prize; College Closes

OLD TELEPHONE DIRECTORIES WANTED

Now that the new directories are out, HeronBridge would love your old ones for recycling. Please send or bring them in on your next trip to HeronBridge and drop them off at your Reception Office..

TROPHY CALL!

Please can we ask all pupils in possession of a HeronBridge Trophy to return them to their reception offices by Monday, 7th September. We will ensure that they are engraved correctly.

LOST!

Oscar Miltenburg lost his school shoes (Buccaneers) and his inserts last term. Please can all Prep moms check their children's shoes and make sure they have the correct pair as they cost around R1500! If you find them please hand them in at the Prep Reception Office.

PREP CASUAL DAY

The Prep School will be participating in Casual Day on September 4th-**this Friday!**

Casual Day is a fundraising project that is managed by "The National Council for Persons with Physical Disabilities in South Africa" - NCPPDSA. To support Casual Day pupils need to purchase a sticker from the Prep Office for R10. Tickets will be on sale this week. Then... dress up in a **sports outfit** on Friday 4 September and be a part of the **GAME!**



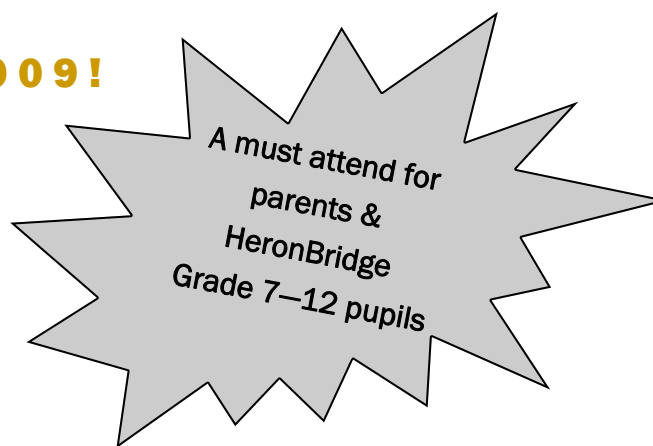
We would like to invite you to join us every Sunday at

9H00. Our services are held in the HeronBridge College Auditorium and are open to all denominations. We offer Kidz Church for the young as well as a youth group for the teens. We look forward to hosting you and your family.

TALKING PARENTING 2009!

DATES: WEDNESDAYS 9th & 16th SEPTEMBER 2009
VENUE: HERONBRIDGE AUDITORIUM
TIME: REGISTRATION @ 18H30
PRESENTATION STARTS @ 19H00-20H30
DESSERTS WITH TEA/COFFEE WILL BE SERVED
COST: PACKAGE PRICE FOR BOTH SESSIONS

R70/HEAD FOR BOTH SESSIONS (We encourage you to attend BOTH sessions, as cost is set as such, whether you can attend all the sessions or sadly miss out on one!) There will be no cost levied for HeronBridge pupils attending.



BOOKING: PLEASE FILL IN REPLY/REGISTRATION SLIP BY THE 4^H SEPTEMBER. SPACE IS LIMITED!

TAKE A LOOK AT OUR LINE-UP OF AWESOME SPEAKERS:

Following your requests, we have selected Ingrid Rubin & Jaco Meiring of Virtuosa Pty who will address the very interesting topic of Careers in E-Commerce, New World Media and How the Internet will influence our children's future! Fascinating stuff!

SESSION ONE: WEDNESDAY, 9TH SEPTEMBER

- How big is the internet and mobile (international and local)?
- Purpose of the internet.
- Why it is growing so quickly and some of the different platforms.
- Why, whether *you* work within the industry or not, you need to embrace it.

SESSION TWO: WEDNESDAY, 16TH SEPTEMBER

- Case studies and examples of how companies are utilizing the internet to recruit & advertise for staff.
- What the future of employment will look like.
- Showcase some current digital careers, type of salaries earned, what these specialists do
- How *you* can pursue a career in this field.

THE PRESENTERS:

Ingrid Rubin : *Chief Strategist and GM*

Ingrid is one of those lucky people who just 'gets' the ever-evolving digital world.

She has a solid understanding of the online industry, from both a client (South African Airways and Southern Sun) and agency point of view. Ask her which one she prefers and she simply smiles...

With a Commercial Business degree and an MBA, Ingrid implements effective online strategies that deliver on clients' business objectives. Professional passions include digital strategy, online reputation management and PR which supports social media influence. She's also the driving force behind the development of an online brand monitoring and reputation management tool.

Her free time is spent reading, social networking, raising two gorgeous children and speaking at Digital conferences. Now and then, she'll stop to give the rest of the world time to catch up.



More on the next page

CONTINUED - TALKING PARENTING : SEPTEMBER 2009!

Jaco Meiring



Jaco Meiring heads up online marketing and internal digital communication for Investec. He has been dabbling in Internet related stuff for approximately 13 years and views digital channels such as the Internet and mobile as critical channels in the marketing mix, which are greatly misunderstood and hugely oversold. From time-to-time, he also feeds two cats.



TALKING PARENTING REPLY & REGISTRATION SLIP

Dates: 9th & 16th SEPTEMBER 2009

Time: Reg @ 18h30. Presentation starts @ 19h00-20h30.

(BOOKINGS CLOSE 4th SEPTEMBER)

Email booking slip to: lslooten@heronbridge.co.za. Or drop form off @: Marketing Office or PA's of Pre-Prep; Prep & College. You can also register @ www.heronbridgecollege.co.za



"INSIDE OUT" -2009

NAME OF PARENTS ATTENDING:

MOM: _____ CONTACT NO: _____

DAD: _____ CONTACT NO: _____

CHILD/REN NAMES & GRADES:



PACKAGE PRICE FOR BOTH SESSIONS

COST: R70/HEAD FOR BOTH SESSIONS

TOTAL AMOUNT TO BE DEBITED FROM SCHOOL ACCOUNT (Please don't send cash to school)

No cost for HB students Gr 7-12.

NO OF ADULTS: _____

NO OF CHILDREN: _____

TOTAL AMOUNT: _____

Attending:

yes

no

9 Sept. Ingrid Rubin & Jaco Meiring

16 Sept. Ingrid Rubin & Jaco Meiring

PREP MAJOR PRODUCTION

The Prep School is busy rehearsing for this years Major Production. Tickets will go on sale soon! Cost is R40 for adults and R20 per kids. These can be bought from Mrs Bishop in the Prep Reception Office.

The dates for the production are:

- Friday 30th October 2009, 7pm
- Saturday 31st October 2009, 10am
- Saturday 31st October 2009, 7pm.
- Thursday 29th October 2009, 7pm

HERONBRIDGE STARS

Stephanie Ford in Grade 4 entered the South African Dance Teachers' Association (SADTA) Hip Hop Day on the 25th of July and made it to the quarter finals. Go girl!



Matthew Smith in Grade 8, received 1st place and a gold medal at the Gauteng Senior Rock Climbing Final, in the under 15 boys category on Sunday 2nd August 2009. He has now earned a place in the Gauteng Team to compete in the Nationals from 2 - 4 October later this year. Well done Matthew!



HERONBRIDGE EQUESTRIAN

Congratulations to the following girls for all getting into the Gauteng Team to go through to Nationals. This is an outstanding achievement! Well done to all of the riders and their parents for all of their support, encouragement and hours of standing in the cold, grey weather during the regional's! All of the HeronBridge riders that are riding in nationals are show jumpers and their team places are as follows:-

Show jumping level 1 - B team - Cayliegh Triggol
 Show jumping level 2 - A team - Daisy Gidlow
 Show jumping level 2 - A team - Savannah Valjalo
 Show jumping level 3 - A team - Riley Marias
 Show jumping level 3 - A team - Savannah Valjalo
 Show jumping level 3 - A team - Riley Marais on
 Show jumping level 3 - B team - Abigail Pepper
 Show jumping level 4 - A team - Daisy Gidlow
 Show jumping level 4 - A team - Daisy Gidlow

For the school people that don't understand this, here is an explanation : Each level is the height of the jumps, level 1 being 60cm, level 2 is 70cm, level 3 is 80cm and level 4 is 90cm. Each level has 2 types of competition, therefore there are two A and two B teams for each level, one for each type of competition. Each A team consists of 4 riders, as does each B team.

Well done girls.

RESULTS OF SARDA DRAW:

Matthew Temperley – 5V

Hannah Olsen – 1P

PARENTING MATTERS BY NIKKI BUSH

WHEN TO STOP LETTING THEM BEAT YOU

We know that in preparing our children for life we need to teach them how to both win and lose, but sometimes there is a fine line between the two. In the early years you allow your children to win when playing a game together in order to build their self-confidence and to keep them playing. But, you can't do this forever or they won't be ready for the competition that awaits them in the big, wide world. So when should we stop letting them beat us?

I found a wonderful answer in clinical psychologist Lawrence Cohen's fantastic book, *Playful Parenting* (Ballantine, 2001) that I would like to share with you. :

"You want to accomplish so much with a simple game of checkers. You want him to enjoy himself; you want him to improve his skills; you want him to be a little competitive but not too competitive; you want him to be a good sport when he wins and a good sport when he loses; you want him to know that his peers aren't going to let him win like you do.

"In general, you start out letting them win, and then slowly play harder and harder. But it may go back and forth for while, and even when children can beat you fair and square, they may still want to play by the 'special rule' now and then. Sometimes they want to win; sometimes they want a challenge.

"I think the best thing is to follow their lead. You may have switched to fair play, or maybe you've started playing medium-hard, and then a game comes along and the child signals that he or she wants to win. Or maybe it's the other way around. You've been letting the child win, and he or she starts to signal that more of a challenge is in order. Children probably won't come right out and say it, so be alert for subtle signals, like, "This is boring." Or, "Did you let me win?" You can answer, "Well I didn't play my hardest; do you want me to?" Maybe they gloat over winning, even though you let them win. You could say, "Should I play my hardest so you don't win all the time?" Then see how it goes. If it goes well, over time they will balance the enjoyment of winning – even unfairly – with the enjoyment of a challenging match – even if they lose."

Cohen's message is clear. We prepare our children best by both nurturing and challenging them. Their inner strength comes from being loved and nurtured, having their needs met, knowing they are loved no matter what. They get a different kind of confidence from being challenged and playing their hardest. He believes that if we treat our children with tenderness and respect while they overcome increasingly difficult challenges, they will be truly prepared for the world. I couldn't agree more.

WIN A FAMILY TRIP TO IRELAND!

Exclusive to MySchool supporters:

Win a trip for 4 people to beautiful Ireland valued at R80 000!

How to win:

- Register for the competition online (www.myschool.co.za) or via phone (0860 100 445) from 23 July 2009 till end September
- Use your card at 3 or more national MySchool partners during August and September
- Everyone who qualifies will be entered in the lucky draw.

Use your card at these partners: Woolworths, Engen, Waltons, Kalahari.net, Club Travel, Quiksilver, Reggie's, Toys R Us, SupaQuick and Jack's Paint.

Good luck!



Academic Calendar 2010

Term One

Start Wednesday, 13 January

Close Wednesday, 31 March

Half-term 12h00 on Thursday, 25 February
Return on Tuesday, 2 March.

Public Holidays Sunday, 21 March (Human Rights Day)
therefore Monday, 22 March will also be a public holiday.

Term Two

Start Monday, 19 April

Close Friday, 20 August

Half-term : **World Cup Holidays**
All schools have been requested to close for the duration of the World Cup:
12h00 on Friday, 11 June
Return on Monday, 12 July

Public Holiday Tuesday, 27 April (Freedom Day)*
* HeronBridge College will be closed on Monday, 26 April
Saturday, 1 May (Workers Day)
Monday, 9 August (National Woman's Day)

Term Three

Start Tuesday, 7 September

Close Friday, 3 December

Half-term Normal closing time on Thursday, 21 October
Return on Tuesday, 26 October.

Public Holidays Friday, 24 September (Heritage Day)

Monthly Masses of Messages

ALL ARE WELCOME TO ADVERTISE HERE! DEADLINE LAST TUESDAY OF EACH MONTH AT 12H00.

PLEASE CONTACT KATHY MITTENDORF AT THE COLLEGE OFFICE ON 0861 437 662 / 082 387 2242 OR
FAX 011 388 1948 OR EMAIL : marketing@heronbridge.co.za

ORLANDO USA – RCI TIMESHARE @ HOLIDAY INN ORANGE LAKE WEST VILLAGE 2 BED UNIT, FULL KITCHEN - SLEEPS MAX 8 – 6 PVT. Located in Kissimmee, Florida, less than 3kms from Walt Disney World Resort etc. Resort offers - A movie theatre, 54 holes of championship golf and two 18-hole miniature golf courses. A private sandy beach on the 80-acre lake. Fitness centre. Kid-friendly amenities include 3 arcades, a family fun centre, indoor and outdoor playgrounds, and children's pools. 18 December – 25 December 2009 – R20,000. 7 Nights = less than R2,900 per night!! Peak Season! Contact 083 660 5643.

RINKY DINK ACADEMY: We offer individual specialized riding sessions from 2 yrs old to adults in a non competitive, fun environment. A Birthday party venue as well as Stabling for Horses/Ponies. (Children, Juniors and Adults welcome) We are situated on Cedar road. Contact Claudie on 082 802 9589 for more information.

DRAMA LESSONS: Group and private lessons offered in Cedar Lakes for those wanting to extend their acting and performance skills and for those interested in participating in SA Champs.

Grades 1 – 12. Please contact Jill Avis 084 319 4287.

LEARN HOW TO EDIT PHOTOS IN PHOTOSHOP, make invitations and enhance your scrapbooking skills. I am a qualified Graphic Designer and I teach an affordable class on Photoshop and design basics. Classes run on weekdays and weekends, in all areas. Contact Lita on 073 508 7609 for more details.

SKULLCANDY EARPHONES NOW AVAILABLE: GadgetMan.co.za is an online store for all your gadget requirements from iPods to GPS's, keyrings to Cobb braais, multitools to Maglites. Secure credit card facilities and delivery nationwide. Shop online at www.gadgetman.co.za.

PLETTENBERG BAY: Fully equipped apartment at Goose Valley Golf Estate available throughout the year. Sleeps four. Situated overlooking the tenth fairway and with a view of the mountains. Tennis courts, squash court, swimming pool. Driving range, restaurant and easy access to the lagoon and beach for swimming, fishing and sailing. Contact Roz at 082 787 7024

ELECTRONIC REPAIRS: We specialise in repairs – all notebooks / computers. Motherboards, LCD screens, battery cell, power supply, DVD, LCD plasma TV, Hi-fi. laser colour printer, fax, scanner, camera, UPS, cell phone (Nokia, Motorola, Samsung), with warranty and free quote. Call 082 594 8941 or mail nbzcomputers@telkomsa.net

ROCK CLIMBING CLUB FOR KIDS: Join us every Saturday at various outdoor climbing sites. Own transport is essential. Exciting, adrenaline filled experience for kids aged 9-16. For more information and bookings contact Noel: 079 613 5471

ALAN POWELL GARDENS ESTABLISHED 1991: Garden Maintenance, Landscaping, Pruning and tree felling: Once off clean ups, irrigation systems and repairs. We operate in - Fourways and Broadacres. CONTACT US FOR A QUOTE. Tel: (012) 669 0326 OR 082 548 3283 (Alan or Mandy) or E-mail address: apowell@mweb.co.za

SUN VALLEY STABLES: Teaching children to ride in a safe, fun-filled environment, with pony camps and fun days held regularly. Lessons groups are small and on safe ponies. We also provide quality stabling for private horses and ponies, as well as options for full- and half-baiting. Full instruction and support for shows. For more information contact: 082 571 0309/ kitence@iburst.co.za

Monthly Masses of Messages Continued.....

CHARTWELL STABLES: specialize in teaching children to ride on safe ponies with qualified instructors. Each child starts off with private lessons on the lunge and then progresses to an hour group lesson. Pony camps, fun days and training shows held regularly. Tel Shirley 083 500 0103 / Stables 073 952 8572.

LOOKING FOR ANY JOB: Skhumbuzo has just completed his matric and is looking for a job. Contact him on these 0745493849 or contact Happiness @ the Pre-Prep 0736685611.

ZILZ EVENTS & PARTIES CC: Are you planning a Function or Event and have no idea where to start or what to do? Give us a call and we shall alleviate your stress with our expert advice and professional help. From Birthday Parties to Company Functions. www.zilzevents.co.za, info@zilzevents.co.za, Reinhard on 082-492-8215

DAINFERN PROPER (CLUSTER HOME) TO RENT : _Delightful 3 bedrooms, 2 bathrooms, lounge, separate dining room, covered patio, 2 garages. Own pool. Occupation 1st August, R13,000. Contact: Liz de Klerk 011-4675394, 076 4062402.

TIMESHARE FOR SALE: 2 FlexiWeeks (Red - ideal for private school holidays) at Mtunzini Forest Lodge. Situated on the unspoilt Natal Dolphin Coastline in the Mtunzini Nature reserve. R15000 per week for 2 double bed bedrooms plus loft room with 2 single beds (6 sleeper). Levies for 2009 already paid (average of R2300 per week per annum). Visit <http://www.wheretostay.co.za/mtunziniforestlodge/> to view the Lodge facilities. Contact Hilary Crowther on 071 607 5416.

ANDRADE-CILLIERS ATTORNEYS: Are you buying, selling or leasing property? Facing contractual "Greek"? I provide legal advice in contractual matters, and conveyancing services of excellence. Teresa: 082 822 8677 or (011) 467 1069 or Teresa@legalsolve.co.za .

ACCOUNTING, BOOKKEEPING, tax, Annual Financial Statements, CC registrations and much more, done by CA with 15 years experience at affordable rates. Contact Christine on 082 562 5927.

FINANCIAL ADVICE: I can assist you in saving money during these hard times, by assessing and ensuring you are paying the lowest premiums for the best life, dread disease and disability cover. Let's optimise on your tax deductions and manage your retirement and investment portfolios. I have been in the industry for 17 years so let's chat. Give me a call on Cell 0832636443 or drop an email to zozo@polka.co.za and we can connect. Wan & Associates Group Benefit and Assurance Brokers is a registered financial service provider registration no: FSP6899.

DAMP KING: Damp proofing, waterproofing & painting to domestic and commercial properties. Registered with Master Builder Association, Waterproofing Federation and Dampproofing Association. Call Anthony for a quote on 011 792 6575, 083 232 6695 or email anthony@dampking.co.za..

SKULLCANDY EARPHONES NOW AVAILABLE: GadgetMan.co.za is an online store for all your gadget requirements from iPods to GPS's, keyrings to Cobb braais, multitools to Maglites. Secure credit card facilities and delivery nationwide. Shop online at www.gadgetman.co.za.

TENNIS LESSONS: I am doing group lessons in the holidays on a Wednesday afternoon for a hour the price is R65 per lesson if anyone is keen please contact me on 0833979555. The lesson will be held at HeronBridge College. .

HOLIDAY FLAT NORTH COAST: 3 bedroomed penthouse flat (sleeps 7). Westbrook Beach (between Umdloti and Baliito), R1500/night. website www.sunrisebeach.co.za, email kmorton@klmcs.co.za .

PROFESSIONAL PORTRAIT PHOTOGRAPHER: Bring your child, baby or whole family to my Studio for a fun and original photo session which in a relaxed and secure environment. For R850.00 you will have a 1 hours studio session and you will receive all your images edited and saved to disc. Printing options and ideas are available. Feel free to call me at IMAGES by ANITA on 082 781 6533 or e-mail raffles@telkomsa.net for an appointment

GOT A KIDS BIRTHDAY PARTY, need some help ? contact Cheeky Chickens . We are a one stop kids party management Company. Contact us on www.cheekychickens.co.za or Kirstin 079-8844-724 or Reinhard 082-492-8215

Monthly Masses of Messages Continued.....

FOR ALL YOUR CURTAINING OR BLINDS REQUIREMENTS: Free quotations in the convenience of your home. We do professional curtains, including pelmets, swags & tails etc. We also do all forms of blinds (Roman blinds, Venetian aluminium or wood, Woven bamboo or wood, vertical blinds etc.). Co-ordinated bedding and quilted covers also available. Please call X-clusiv Curtains : Lettie 082 709 6372 or (011) 674-4649 or go to www.xclusive.co.za .

Learn to ride **HORSES THE AFFORDABLE WAY.....**either for enjoyment or for serious competitive riding. You do NOT need your OWN horse. We teach all ages from beginners to advanced levels. We also have **holiday camps, team building, organising and running of inter school teams and children's party facilities.** Qualified instructors. **Professional collection and drop off service!** Call Tamar 082 905 7465.

LADIES, SPOIL YOURSELF: with Avroy Shlain cosmetics! Look out for specials on www.spoilyourself.comli.com. You can email Nikita on nikita.spoilyourself@gmail.com or call 072 265 8686. It's all about you.

HERBALIFE...Good Health is what its all about!!!! Gain Control of your Weight, Feel Younger, Less Fatigued, Live Life to your full potential!!!! From Inner & Outer Nutrition, to Weight-management, Energy, Sports & Fitness!!! Contact Samantha 084 884 7774 (samweir@eject.co.za) (

URBAN ESCAPE SKIN & BODY CLINIC. We provide the perfect escape for result driven skin & body treatments. We stock DERMALOGICA & REGIMA. Every Mon – Thurs we offer a Classic Dermalogica Facial, Back & neck massage, Pedicure for ONLY R500. Book now! 011 7045000. Located on cnr of Bellaires & Blandford roads, Northriding Square Checkers Centre.

BLUSH CREATIONS: Handmade invitations with a personal touch! I do any and every type of handmade invitations, from boxes and puzzles to handmade papers and ribbons, all made exactly to your requirements! Contact: Timshell Lipawsky, Email: blushcreations@gmail.com or 072 574 1429

JOBS REQUIRED: Two excellent domestics looking for work on Wednesday's and Friday's. Good with children and pets. Have been with me for 14 and 13 years respectively. I have moved, so no longer have work for them. Please contact Jenny on 0843706424

EVER CONSIDERED A CAREER IN REAL ESTATE? Why not join the world's largest real estate group, with more than 8 400 Offices and more than 140 000 Sales Associates worldwide. We have all the training and knowledge to make you a success. Based in the Broadacres Shopping Centre, we are looking for enthusiastic people to become agents in our areas. Please contact us in confidence on 011 465 2438 / 0679 or email your CV to recruitment@century21modhomes.co.za. Find out more at www.century21modhomes.co.za.

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