



TERM TWO 2009

# THE HERON

ISSUE 3

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## Message for the Week

Live life with a due sense of responsibility, not as those who do not know the meaning of life but as those who do.  
Ephesians 5 :15

## FANTASTIC FESTIVALS!

A fabulous day was held at HeronBridge, this past Saturday! On the one side of the campus the Pre-Prep held its annual **Playball Festival** and on the other side the College was hosting our **U14 Rugby and Netball Festival**.

Eighteen schools participated in this Rugby and Netball Festival. Coaches, parents and pupils alike all commented on how professionally everything was run. The food was delicious, the entertainment superb, and the fixtures, both rugby and netball, were of the highest standard. The spirit from all schools was wonderful to see. Top honours - the *Espirit de Corps* trophies - went to Woodridge College (netball) and Midstream College (rugby). These trophies are not awarded to the winning teams but the most sportsmanlike and well mannered teams on the day.

Our first team rugby team played Dainfern's first team and won! Our first team netball also put on a wonderful display and were only defeated by one goal against Dainfern's 1st team! Our U14 rugby team were undefeated on the day & our U14 Netball team played with much enthusiasm and proudly displayed a good team effort. So all in all it was an excellent days result for our sporting teams.

A big thank you to our sponsors: your input & support made this day the success it was. Thank you to **Carnivore, RSS/ Guardian Health, Travelex, Fuji Films, Jab Labels, Gardener Ross & Morgan Motors**.

A special thank you is also extended to the Canteen staff- our dedicated moms, dads and volunteer pupils. You were awesome and the food was great!

Finally, an event such as this would not have been possible without the vision and dedication of **Mr Holmes and Ms Jelley**. Thank you and well done. We all look forward to next years event.

HeronBridge College Website:  
[www.heronbridgecollege.co.za](http://www.heronbridgecollege.co.za).

Our website is full of information, including academic calendars, bus timetables, past newsletters and lots more. Take time out and visit it!

**DATES TO DIARISE : WEEK COMMENCING MONDAY, 25 MAY**

Mon 25	15h00	College Cross Country @ Saint Stithians	
Tue 26	15h00	College Hockey: Girls vs Redhill	Away
Wed 27	14h00	Prep Soccer: Open A,B & C vs St Martins	Away
		Prep Soccer: U11A& B; U9&B vs St Martins	@ Home
		Prep Soccer: U11C vs U10B (internal match)	
		Prep Soccer: Open D vs Open E (internal match)	
		Prep Soccer: U10A vs St Martins	@ Home
		College Rugby: All teams vs KDVP	@ Home
Thurs 28	14h00	Prep Netball: U9A & U10A vs Summerhill	Away
		Prep Netball: U11A, Open A,B,C vs Summerhill	@ Home
		Prep Netball: Open D vs U11B (internal match)	
		Prep Netball: Open E vs U11C (internal match)	
		Prep Netball: U9B vs U9C (internal match)	
		Prep Netball U10B vs U10C (internal match)	
Fri 29	14h00	Prep Junior Soccer : U7 & U8 vs St Martins	Away
		Prep Junior Netball U7 & U8 internal festival	
		Prep Tennis: Senior teams vs Charterhouse	@ Home

**LIFT CLUBS REQUIRED**

- **All GRADE R teachers/moms.** I require a lift club service for my daughter, Skylah Lona. We stay in the Olivedale area, in a suburb called Northwold. Contact Tracy 011 709 7773.
- **I require a lift** for my daughter from the Cedar Road area to Fourways High School in the mornings. In return, I am willing to contribute towards petrol OR I will take your child to HeronBridge for you! Call 076 457 8910.
- **Grade "0" pupil** looking to join a lift club from Midrand (Carlswald / Oliphants area). Contact Dawn on 082 923-5582 or 0861 00 3326

**LOST!**

Jacques van der Merwe in Grade 12 has mislaid his blazer. He left in his Math's class on Friday, 15th May. Please contact Arlene van der Merwe on 0828596731 if you have seen it.

**PREP AFTERCARE**

The Prep After Care phone is operational again. The number is 0784561051.

## CARDS FOR THE PREP TUCK SHOP AND COLLEGE CANTEEN

As our Prep and Pre-Prep parents know, the new Prep tuck-shop opened on the first day of the 2<sup>nd</sup> term and has been humming with activity ever since then!

At the beginning of the term all Prep pupils were issued with a tuck-shop card, and those Pre-Prep families who wish to pre-order from the tuck-shop are in the process of being issued with cards. Our aim is for the school to become cash-free, and from mid term (end June), cash will no longer be accepted from pupils during the school day.

The College canteen has operated successfully on this basis for the past year, with the Sports Complex tuck shop now being linked to the College canteen system. We are confident that with parents' cooperation we will no longer have any children bringing cash with them to school. Parents and visitors are obviously welcome to purchase with cash at any stage, and at sports events most of the purchases will still be cash, so we cannot do away with cash completely.

As there has been some confusion, we need to explain that the College canteen and Prep tuck-shop operate on two different accounting/management systems, and therefore the cards are not interchangeable. It is however possible to link a card to both systems, so that College pupils can purchase with their cards when they are playing matches at the RiverView field. However, the pupil would need to operate two separate accounts, with funds being deposited into both the College and Prep systems.

If you would like to do this, the card must be taken to Glenda Pretorius in the accounts office so that she can physically link the card to both systems, and the necessary funds must of course be deposited into the bank account. When doing so, please clearly state the student reference number on the card and "PREP" or "COLLEGE" so that the payment can be allocated properly. For more information, please email Glenda at [gpretorius@heronbridge.co.za](mailto:gpretorius@heronbridge.co.za).

**COLLEGE CANTEEN CARDS (DARK BLUE STRIPE) can be used at:**  
College canteen  
Sports complex tuck-shop

**PREP TUCKSHOP CARDS (CHAMPAGNE STRIPE) can be used at:**  
Prep and Pre-Prep tuck-shop at  
RiverView field

### THE HERONBRIDGE BUS

Have you tried the HeronBridge Bus? We still have space available on the afternoons runs. Take a look at our website:

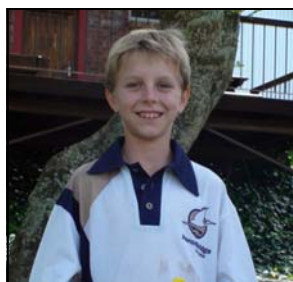


[www.heronbridgecollege.co.za](http://www.heronbridgecollege.co.za) for the latest bus timetable information.

Alternatively contact Mrs Butler on [nbutler@heronbridge.co.za](mailto:nbutler@heronbridge.co.za) to book your seat or get further information.

**Consider using the bus : it's safe, saves time and is cost effective.**

### HERONBRIDGE STARS!



**Keegan Lumley** in Grade 5 was awarded The Best Fielder for his U11 Area Cricket Team for the 2008/2009 season. Well done Keegan!

**Chris Black** in Grade 11 recently received his Black Belt First Dan. At 15 years old, he is one of the youngest black belts in South Africa. His brother

**Nicholas**, in Grade 7, has been selected for the Eastern Gauteng squad from which the selectors will be picking the karate team to represent South Africa in the Commonwealth Games. Well done to the Black brothers!



Christopher Black



Nicholas Black

## MATRIC DANCE 2009

By Cheree Swanepoel on behalf of the 2009 Matric Dance Committee

On the evening of the 7th of May, the Matrics of 2009 each arrived at the magnificent Avianto looking sophisticated and elegant. The ladies out did themselves in dresses that princesses would envy, hair in romantic ringlets or stylish up-does, and of course, shoes-to-die-for. The guys looked handsome, sharp and striking in their suits and tails, with rides that varied from Harley Davidson's , a Hummer



limousine to an old Rolls Royce. The night was spent dancing, eating a sumptuous three course meal and enjoying the company of each other. The Matrics definitely lived up to the theme of Hollywood Royalty. The glamour and allure of the Matrics would have put Marilyn Monroe and James Dean to shame. All in all it was a night- to -be -remembered and one will have to go far to find an event to match it.

## PREP EISTEDDFOD ART NEWS

Mrs Popovich writes.....

Several children's art work was selected to go through to the quarter finals for the National Eisteddfod . Paula Edwards, in Grade 6, was one of the finalists for the category Gr 0-7 and attended a prestige function on Saturday, 16 May 2009 at Wits University where she received her certificate.

Congratulations to Paula on this excellent achievement!



## JP HURT FREE BADGES - FRIENDSHIP

Theme: I am a friend people can trust

GRADE	CHILD'S NAME
1F	Ethan Steenkamp
1G	Jack Le Roux
1N	Jenna Oosthuizen
1P	Amber Du Plessis
2C	Kyla Williams
2H	Matthew Wynne
2M	Julia Singer
2V	Kelly McCullough

GRADE	CHILD'S NAME
3A	Thomas Triggol
3B	Cameron Shekleton
3H	Britney Anderson
3S	Triston Murgatroyd

Eco -Schools reminds you to bring paper to school.



## PARENTING MATTERS BY NIKKI BUSH

### LIGHTEN UP A LITTLE – PLAY A LOT!

This article is written for parents who need to lighten up a little (this applies to most of us) and was inspired by a friend of mine who asked his wife if she ever had ‘crazy fun’ with their children, doing silly things like hiding in cupboards or jumping out from behind a door. The answer was “No,” and I guess that would be the same truth for most of us because “We don’t have the time!”

We get so bogged down with sticking to our hectic daily routines and getting everything done each day that needs to be done, that we find ourselves walking around with endless lists and always being in a rush to get to the next appointment on time. With such over-scheduling (both of ourselves and our children) it is easy to lose sight of the fun that comes with being spontaneous, unshackled and free. Actually having some time in the day that has not been allocated to anything in particular can be the greatest gift. My friend’s question was a reminder that children do need us to lighten up sometimes, to slow down a little, and to be human beings instead of a super-efficient robots!

Parenting and life in general has become so serious that we have forgotten that both us and our kids need time to chill out, to think, imagine and to play with carefree abandon with no particular outcome in mind except to have fun, laugh and relate to each other as warm, fuzzy human beings. International play specialist, Fred Donaldson, says: “Sometimes we need a child’s imagination and wonder to approach the playgrounds of the natural world. Such a playmate knows very well that clouds can be tickled in a quiet pond.”

The challenge is to go back to basics and be a good playmate to your children whether they are in preschool or primary school. Here are some fun ideas to try - they cost nothing and they will create a very strong impression on your child:

- Play hide and seek
- Dance to music together
- Give your child a fireman’s lift
- Tickle each other
- Draw pictures on each other’s backs
- Tell each other stories – the wilder and more fantastical the better
- Play dead ants (when you shout “Dead Ants”, everyone must lie down on their backs on the floor, kicking their legs and shaking their arms in the air – it’s a real laugh, and will put a smile on everyone’s face immediately)
- Build a fort in the garden or even in your house, and have a picnic
- Camp in the garden for the night
- Lie on the grass together and watch the clouds
- Star gaze on a clear night

Saturday, 28 May 2009, is World Play Day – a reminder of a child’s right to play (the Right to Play and Recreation is part of the UN Convention on the Rights of the Child, Article 31). Celebrate the power and possibilities of play everyday – after all play is the language of childhood and **play is absolutely FREE**. Have fun, and may you unearth some of the delicate magic of life that D H Lawrence says we have buried!



We would like to invite you to join us every Sunday at 09H00. Our services are held in the HeronBridge College auditorium and are open to all denomination. We offer Sunday school for the young as well as a youth group for the teens. We look forward to hosting you and your family.